

Declaration of liability – Wim Hof Workshop

1. My participation in the Wim Hof Workshop at the (Date) _____ by Michael Nuß is at my own risk.

2. I hereby expressly waive all claims - of whatever kind from damage, injuries or consequential damages in connection with my participation in the workshop.

3. I assure that I have no epilepsy and i am not pregnant. I don't suffer from Raynaud's syndrome, cold urtika, high blood pressure, kidney failure, strong asthma, heavy migraines or panic attacks. I haven't had any major surgery in the past 6 months. I have insured my state of health with a doctor. If I have renounced it, I do so at my own risk.

4. In the event of an accident or damage, Michael Nuss assume no liability for my health risks, including those that are currently not known to me.

5. I am insured against accidents and injuries that can occur during the seminar. If this is not the case, it is my responsibility.

6. I agree that videos / photos taken at the at the Wim Hof Workshop on which I can be seen, will be published by Michael Nuss. The videos / pictures may be used for publication on websites, social media platforms and flyers / posters.

I know that I do not receive any payment for publication. I can withdraw or restrict my consent to the publication and use of photos with me at any time. Otherwise the consent is valid indefinitely.

Name:

Date, Signature:
